## Patient Portal Frequently Asked Questions

What is a nationt nortal?	A patient portal is a secure online website that gives you convenient 24-
What is a patient portal?	hour access to your personal health information and medical records. It's
	known as your electronic health record or EHR. Use on any device with an
	Internet connection. Hegira Health's Patient portal is;
	www.mycehr.com
Why is it important to use a	Accessing your personal medical records through a patient portal can help
Why is it important to use a	you be more actively involved in your own health care. Access to your
patient portal?	family members' health information can help you take care of them more
	easily. Also, patient portals offer self-service options that can eliminate
	back-and-forth phone calls with your doctor or save you a trip to the
	doctor's office.
Mark and I do with a markage	You will be able to securely view and print portions of your medical record.
What can I do with a patient	This includes recent therapy/doctor visits, vitals, medications,
portal?	• •
	immunizations, allergies and most lab results, at any time and from any device with an Internet connection.
	Other features may include the following:
	Exchanging secure emails with your health care team     View and sign documents right incide the portal
	View and sign documents right inside the portal     View unsaming appointments
	View upcoming appointments     Undating your contact information
	Updating your contact information     Daywled ding or corpolating forms
	Downloading or completing forms  You may also be able to access these features on behalf of your shildren or
	You may also be able to access these features on behalf of your children or
	other dependent family members.
How do I get access to a patient	Your Hegira Health care providers can provide you with instructions to set
portal?	up your account. There may be a couple of steps involved, including
	creating a secure password to make sure that only you have access to your
	health information. Once your account is set up, you'll be ready to
	conveniently access your health information and medical records.
What are some of the benefits of	Patients benefit from more efficient and effective communication with
a patient portal?	providers as well as better and timelier self-care.
What is a clinical summary?	The clinical summary gives you the most important information about
	what happened during your office visit. It will also give you helpful
	information about any steps that you may need to take for your health.
When will I get my clinical	Your health care provider will give you a clinical summary at the end of
	your office visit.
summary?	We are affected as a first of a constant to the standard
Why do I need a clinical	You can refer to your clinical summary if you forget any important
summary?	information, such as the name of a new medication, when to make your
	next appointment or other instructions from your doctor.
Private and secure	A patient portal has privacy and security safeguards to protect your health
	information, such as encrypted password-protected logins and audit trails
	that track who accesses your information, changes made to your
	information, and when those changes are made.
	Although patient portals use safeguards, there are other safety guidelines
	you should follow when using the patient portal.
	Always remember to protect your username and password from others
	and make sure to log in from a personal or secure device.
Patient Account Locked	When you find your patient account locked, please contact your case
	holder who'll can reset your password and unlock your Portal account
Forgot Password	The CEHR Patient Portal comes with a self-services password reset option
	that'll email your reset password without any clinical intervention.